

Section: Division of Nursing
Approval: _____

* **GUIDELINE** *

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HACKETTSTOWN REGIONAL MEDICAL CENTER

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MATERNAL SERVICES
(Scope)

TITLE: GUIDELINE FOR PARENT TEACHING CHECKLIST

PURPOSE: To outline procedure for helping patients identify their teaching needs and to develop an effective teaching plan to meet their needs.

NATURE OF FORM: Permanent Temporary

PLACEMENT: On admission chart.

EQUIPMENT LIST:
1. Discharge teaching for self care and baby care form
2. Appropriate videos, pamphlets and demonstrations.
3. Discharge instructions for Mothers

CONTENT:	PROCEDURE STEPS:	KEY POINTS:
	1. Check list will be kept on the inside front of chart.	For easy access to patient and nurses.
	2. <u>Self Care/Baby Care</u> : Can be taught by any of the nurses.	This will enable a limited staff to cover more territory.
	3. <u>Special Instructions for Mother and/or Baby</u> : Written orders upon discharge from provider will be explained to patient allowing her time for questions.	
	7. <u>Information Packet</u> : This is to be given after delivery.	To allow patient time to review material and have questions answered.

DOCUMENTATION: 8. Document in Cerner under Ongoing Assessment OB and/or Newborn any education instruction that occurs including who was involved, patient readiness to learn, method of teaching utilized and response to instruction.

REFERENCES: Discharge Teaching for Self care and baby care was designed by Grace Seventko, RN, Pat Carpenito, RNC, and Sandy Beardsley, RNC.
Discharge Instructions for Mothers was developed by Ruth Gibbs RNC and Linda Guiles RNC, 2002